


# September 2024

## Weston Academy Cold & Hot Breakfast Menu

| Monday  | Tuesday  | Wednesday   | Thursday   | Friday   |
|---|--|---|--|--|
| <p>2</p>  <p><b>HAPPY LABOR DAY</b></p>   | <p>3</p> <p><b>(2) WG Blueberry Poptarts</b><br/>           1/2 c. Diced Peaches<br/>           4 oz 100% Orange Juice<br/>           8 oz Milk</p>                              | <p>4</p> <p><b>1 oz WG Honey Nut Cheerios</b><br/>           1 oz. WG Graham Crackers<br/>           1/2 c. Mixed Fruit<br/>           4 oz 100% Fruit Punch<br/>           8 oz Milk</p>         | <p>5</p> <p><b>2 oz WG Triple Berry Crunch Bar</b><br/>           1/2 c. Applesauce<br/>           4 oz 100% Grape Juice<br/>           8 oz Milk</p>  | <p>6</p> <p><b>2 oz WG Banana Muffin</b><br/>           1/2 c. Diced Pineapple<br/>           4 oz 100% Orange Juice<br/>           8 oz Milk</p>  |
| <p>9</p> <p><b>2 oz WG Breakfast Bar</b><br/>           1/2 c. Diced Pears<br/>           4 oz 100% Apple Juice<br/>           8 oz Milk</p>  | <p>10</p> <p><b>HOT BREAKFAST (2) WG French Toast</b><br/>           1/2 c. Diced Peaches<br/>           4 oz 100% Fruit Punch<br/>           8 oz Milk<br/>           Syrup</p> | <p>11</p> <p><b>1 oz WG Frosted Flakes Cereal</b><br/>           1 oz WG Animal Crackers<br/>           1/2 c. Mandarin Oranges<br/>           4 oz 100% Grape Juice<br/>           8 oz Milk</p> | <p>12</p> <p><b>HOT BREAKFAST 2 oz. Maple Eggo Bite Waffles</b><br/>           1/2 c. Mixed Fruit<br/>           4 oz 100% Orange Juice<br/>           8 oz Milk</p>   | <p>13</p> <p><b>2 oz UBR Breakfast Round</b><br/>           1/2 c. Applesauce<br/>           4 oz 100% Apple Juice<br/>           8 oz Milk</p>    |
| <p>16</p> <p><b>1 oz. Kellogs Cinnamon Toast Cereal</b><br/>           1 oz. WG Graham Crackers<br/>           1/2 c. Diced Pears<br/>           4 oz 100% Grape Juice<br/>           8 oz Milk</p> | <p>17</p> <p><b>HOT BREAKFAST 2 oz. Cheese Omlette</b><br/>           1/2 c. Diced Peaches<br/>           4 oz 100% Fruit Punch<br/>           8 oz Milk</p>                     | <p>18</p> <p><b>2 oz WG Bagel &amp; Cream Cheese</b><br/>           1/2 c. Diced Peaches<br/>           4 oz 100% Orange Juice<br/>           8 oz Milk</p>                                       | <p>19</p> <p><b>HOT BREAKFAST 2 oz. WG Sausage &amp; Cheese Gravy Bites</b><br/>           1/2 c. Mandarin Oranges<br/>           4 oz 100% Apple Juice<br/>           8 oz Milk<br/>           Syrup</p>    | <p>20</p> <p><b>(2) WG Cinnamon Poptarts</b><br/>           1/2 c. Mixed Fruit<br/>           4 oz 100% Fruit Punch<br/>           8 oz Milk</p>   |
| <p>23</p> <p><b>1 oz WG Trix Cereal</b><br/>           1 oz WG Animal Crackers<br/>           1/2 c. Applesauce<br/>           4 oz 100% Grape Juice<br/>           8 oz Milk</p>                   | <p>24</p> <p><b>HOT BREAKFAST 4 oz. Sausage &amp; Cheese Bagel</b><br/>           1/2 c. Diced Pineapple<br/>           4 oz 100% Orange Juice<br/>           8 oz Milk</p>      | <p>25</p> <p><b>2 oz WG Triple Berry Crunch Bar</b><br/>           1/2 c. Diced Pears<br/>           4 oz 100% Apple Juice<br/>           8 oz Milk</p>   | <p>26</p> <p><b>HOT BREAKFAST 1 oz. Egg Bites &amp; 1 oz. Biscuit &amp; Jelly</b><br/>           1/2 c. Diced Peaches<br/>           4 oz 100% Fruit Punch<br/>           8 oz Milk<br/>           Syrup</p> | <p>27</p> <p><b>2 oz WG Cinnamon Roll</b><br/>           1/2 c. Mandarin Oranges<br/>           4 oz 100% Grape Juice<br/>           8 oz Milk</p> |
| <p>30</p> <p><b>2 oz. WG Blueberry Muffin</b><br/>           1/2 c. Mixed Fruit<br/>           4 oz 100% Orange Juice<br/>           8 oz Milk</p>  | <p>This institution is an equal opportunity provider.<br/>           *Menu items are subject to change based on availability.*</p>   |   |  |  |