

March 2020

Weston Academy Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 2 oz. WG Apple Muffin 1 oz. WG Animal Crackers 1/2 c. Diced Pineapple 4 oz. 100% Fruit Punch Juice Choice of Milk	3 4 oz. Yogurt 1 oz. WG Vanilla Wafers 1/2 c. Fresh Green Apple 4 oz. 100% Orange Juice Jelly Choice of Milk	4 1 oz. Kellogs Cinnamon Toast Cereal 1/2 c. Mixed Fruit 4 oz. 100% Grape Juice Choice of Milk	5 1 oz. WG Breakfast Bar 1 oz. String Cheese 1/2 c. Fresh Banana 4 oz. 100% Apple Juice Choice of Milk	6 2 oz. WG Bagel filled w/ Cream Cheese 1/2 c. Diced Pears 4 oz. Assorted 100% Juice Choice of Milk 
9 1 oz. Kellogs Frosted Flakes Cereal 1/2 c. Diced Peaches 4 oz. 100% Fruit Punch Juice Choice of Milk	10 2 oz. WG Cinnamon Swirls 1/2 c. Fresh Orange 4 oz. 100% Orange Juice Choice of Milk 	11 1 oz. WG Strawberry Poptart 1 oz. WG Graham Crackers 1/2 c. Tropical Fruit 4 oz. 100% Grape Juice Choice of Milk	12 1 oz. WG Blueberry Bread 1 oz. WG Cinnamon Sky Grahams 1/2 c. Diced Pineapple 4 oz. 100% Apple Juice Choice of Milk 	13 4 oz. Yogurt 1 oz. WG Vanilla Wafers 1/2 c. Mandarin Oranges 4 oz. Assorted 100% Juice Choice of Milk
16 2 oz. WG Bagel filled w/ Cream Cheese 1/2 c. Applesauce 4 oz. 100% Fruit Punch Juice Jelly Choice of Milk	17 1 oz. WG Spiced Wildlife Grahams 1 oz. String Cheese 1/2 c. Diced Pears 4 oz. 100% Orange Juice Choice of Milk	18 1 oz. Kellogs Special K Cereal 1/2 c. Fresh Yellow Apple 4 oz. 100% Grape Juice Choice of Milk	19 2 oz. WG Breakfast Donut 1/2 c. Fresh Banana 4 oz. 100% Apple Juice Choice of Milk	20 1 oz. WG Apple Breakfast Bar 1 oz. WG Animal Crackers 1/2 c. Mixed Fruit 4 oz. Assorted 100% Juice Choice of Milk
23 2 oz. WG Blueberry Muffin 1 oz. WG Animal Crackers 1/2 c. Tropical Fruit 4 oz. 100% Fruit Punch Juice Jelly Choice of Milk	24 4 oz. Yogurt 1 oz. WG Vanilla Wafers 1/2 c. Diced Peaches 4 oz. 100% Orange Juice Choice of Milk 	25 2 oz. WG Bagel filled w/ Cream Cheese 1/2 c. Fresh Orange 4 oz. 100% Grape Juice Choice of Milk	26 1 oz. Kellogs Cinnamon Toast Cereal 1/2 c. Cinnamon Applesauce 4 oz. 100% Apple Juice Choice of Milk 	27 2 oz. WG Strawberry & Banana Muffin 1 oz. WG Vanilla Wafers 1/2 c. Fresh Green Apple 4 oz. Assorted 100% Juice Choice of Milk
30 1 oz. WG Trix Cereal Bar 1 oz. String Cheese 1/2 c. Mandarin Oranges 4 oz. 100% Fruit Punch Juice Choice of Milk 	31 1 oz. WG Strawberry Poptart 1 oz. WG Cinnamon Sky Grahams 1/2 c. Diced Pineapple 4 oz. 100% Orange Juice Choice of Milk	YOUR CHOICE OF: 1% UNFLAVORED MILK FAT-FREE STRAWBERRY MILK FAT-FREE CHOCOLATE MILK		