

September 2019

Weston Preparatory Academy Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	3 1 oz. WG Strawberry Poptart 1 oz. WG Cinnamon Sky Grahams 1/2 c. Diced Pineapple 4 oz. 100% Orange Juice Choice of Milk	4 1 oz. Kellogs Fruit Loops Cereal 1/2 c. Mixed Fruit 4 oz. 100% Grape Juice Choice of Milk	5 2 oz. WG Cinnamon Swirls 1/2 c. Fresh Banana 4 oz. 100% Apple Juice Choice of Milk	6 2 oz. WG Bagel 1/2 c. Applesauce 4 oz. 100% Mixed Berry Juice Jelly Choice of Milk
9 1 oz. Kellogs Apple Jacks Cereal 1/2 c. Diced Pears 4 oz. 100% Fruit Punch Juice Choice of Milk	10 2 oz. WG Banana Bread 1/2 c. Tropical Fruit 4 oz. 100% Orange Juice Choice of Milk	11 4 oz. Yogurt 1 oz. WG Spiced Wildlife Grahams 1/2 c. Mandarin Oranges 4 oz. 100% Grape Juice Choice of Milk	12 2 oz. WG Breakfast Honey Bun 1/2 c. Fresh Red Apple 4 oz. 100% Apple Juice Choice of Milk	13 1 oz. WG Cinnamon Poptart 1 oz. WG Animal Crackers 1/2 c. Diced Peaches 4 oz. 100% Mixed Berry Juice Choice of Milk
16 2 oz. WG Apple Muffin 1/2 c. Diced Pineapple 4 oz. 100% Fruit Punch Juice Choice of Milk	17 2 oz. English Muffin 1/2 c. Fresh Green Apple 4 oz. 100% Orange Juice Jelly Choice of Milk	18 1 oz. Kellogs Cinnamon Toast Cereal 1/2 c. Mixed Fruit 4 oz. 100% Grape Juice Choice of Milk	19 1 oz. WG Breakfast Bar 1 oz. String Cheese 1/2 c. Fresh Banana 4 oz. 100% Apple Juice Choice of Milk	20 2 oz. WG Bagel filled w/ Cream Cheese 1/2 c. Diced Pears 4 oz. 100% Mixed Berry Juice Choice of Milk
23 1 oz. Kellogs Frosted Flakes Cereal 1/2 c. Diced Peaches 4 oz. 100% Fruit Punch Juice Choice of Milk	24 2 oz. WG Cinnamon Swirls 1/2 c. Fresh Orange 4 oz. 100% Orange Juice Choice of Milk	25 1 oz. WG Strawberry Poptart 1 oz. WG Graham Crackers 1/2 c. Tropical Fruit 4 oz. 100% Grape Juice Choice of Milk	26 2 oz. WG Blueberry Bread 1/2 c. Diced Pineapple 4 oz. 100% Apple Juice Choice of Milk	27 4 oz. Yogurt 1 oz. WG Vanilla Wafers 1/2 c. Mandarin Oranges 4 oz. 100% Mixed Berry Juice Choice of Milk
30 2 oz. WG Bagel 1/2 c. Applesauce 4 oz. 100% Fruit Punch Juice Jelly Choice of Milk				

Your Choice Of:
 1% UNFLAVORED MILK
 FAT-FREE STRAWBERRY MILK
 1% CHOCOLATE MILK